



Greetings SHS families,

We are excited to begin a new year of Athletics at South High School. We look forward to welcoming our returning student-athletes as well as meeting all of our new ones as they join our Phoenix Athletics program. Please see below for some important information regarding athletics at South High School.

Sports

FFCA South High School is pleased to offer students the following sports this year:

- *Golf
- Cross Country Running
- Volleyball
- Wrestling
- Basketball
- Badminton
- Co-Ed Soccer
- Flag Football
- Track and Field

*Note: Our Golf team at South High School is intended for students that are practiced and frequent golfers.

Fees

Fees for all SHS athletics teams vary depending on the needs of each sport. We do strive to do our best to keep fees consistent from year to year, so student-athletes that are on the same team consecutively can anticipate the cost of those respective teams.

Eligibility

Athletic Try Out Form

To be eligible for a team at South High School, students and their families must complete our Athletic Try Out Form. This form can be found in your PowerSchool Parent account, in the *School Fees & Forms* section. **It is essential that this form is completed before students try out for our various teams. Failure to complete the form prior to try outs will result in students NOT being allowed to try out. Please attend to this form in a timely manner!**

[Permission Forms](#) [Council Fundraiser](#) [Scholarship Donations](#) [Parent Partnership](#) [Bus Changes](#) [Withdrawal](#)



When opening this form, families should note that, by default, the form has all the boxes checked, thus giving the student permission to try out for any and every team at the school. This does not mean that your student must try-out for all teams. **If you wish to decline permission for your child to try out for a particular sport, please ensure that you manually click on and uncheck the box of that sport so that it is blank and shows that permission is not given.**

HIGH SCHOOL Sports Tryout Options

By selecting one or more sports below and signing this form, I understand that FFCA may provide an opportunity to try-out for interscholastic athletic activities in the following sports and give permission for my student to try-out for those indicated below. Select all HIGH SCHOOL (Grades 9-12 students ONLY) sports that apply:

Basketball Volleyball Soccer Golf

Cross-country running Rugby Badminton

Track & Field Wrestling Flag Football

Please note that the Athletic Try Out Form **can be edited or modified after being completed**, unlike previous years. This allows for changes to be made at any time.



It is also an expectation that student-athletes are a representative of our school, both inside the classroom and outside of it. As such, students should conduct themselves in a manner that is consistent with the core values of FFCA.

Contact Information

Lastly, our Athletic Directors for this year will be Mr. Aziz and Mr. Dowd. Should you have any questions or concerns regarding athletics, please feel free to reach out to them using the following shared email address: shs.athletics@ffca-calgary.com

Thank you for your continued support of athletics at South High School. We look forward to creating champions on and off the field of play this season!

Mr. Aziz & Mr. Dowd

shs.athletics@ffca-calgary.com